

Dave's Baking Company

NUTRITION & ANALYSIS SHEET

PRODUCT NAME: Whole Grain Double Chocolate Muffin
PRODUCT CODE: WG845
PORTION SIZE: 3.15 oz. 90 gm
PACKED: 60
CASE NET WEIGHT: 11.8 lbs
CASE DIMENSIONS: 16"x12"x7"
PALLETIZING: 10 tie X 10 hi
MEAL CONTRIBUTION:
EACH WHOLE GRAIN DOUBLE CHOCOLATE MUFFIN PROVIDES: 2 servings of grain, contains minimum of 32 gm flour, minimum 51% of the flour as whole wheat.

INGREDIENTS:

Whole grain wheat flour, enriched wheat flour (contains niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, eggs, unsweetened applesauce, sugar, vegetable oil (soybean oil), cocoa, chocolate chip, nonfat milk, baking powder, salt.

Contains: Wheat, Egg, Soybean, Milk,
(Manufactured in a Peanut Free Plant)

Shelf life: 10 months frozen, 10 days room temp.
Serving directions: Thaw at room temperature 6 hours
Prior to serving

I certify that the above information is accurate at present on this date.

Name: David Aframian

Title: Vice President

Signature:



Date: January 4, 2018

Nutritional Analysis

Per Serving (90 gm)

Basic Components

Calories 229

Protein 3.8 g

Carbohydrates 40 g

Dietary Fiber 3.1 g

Sugar – Total 18.5 g

Fat – Total 6 g

Saturated Fat 0.9 g

Trans Fat 0 g

Cholesterol 30 mg

Vitamin A IU 47 IU

Vitamin C 0.2 mg

Calcium 3.5 mg

Iron 1 mg

Sodium 125 mg

Niacin 1.9 mg

Thiamin 0.19 mg

Riboflavin 0.1 mg

Calories from Fat 54