# CN PhD Homestyle Whole Grain Breaded Chicken Strips

**PROCESSOR NAME:**

## PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND

| | | | |
|---|---|---|---|
| **CODE NUMBER:** | 6216 | **CASE WT:** | 30# |
| **STANDARD YIELD:** | 96% | **SERVING SIZE:** | 3.9 oz. (3 strips) |
| **M/MA CONTRIBUTION:** | 2 | **DONATED FOOD/CASE:** | 31.25# |
| **GRAIN CONTRIBUTION:** | 1 | **SERVINGS/CASE:** | 120 |
| **GTIN:** | 10075632062167 | **GR. WT.:** | 31.96# |
| **CASE DIMENSIONS:** | 19.6L x 13.1W x 11.3H | **PALLET:** | 7T x 7H |
| **SHELF LIFE:** | 365 days | **CASE CUBE:** | 1.66 |
| **CASES/PALLET:** | 49 | | |

## BID DESCRIPTIONS

Whole Grain Breaded, fully-cooked CN-labeled tenderloin shaped chicken strips produced from USDA 100103 natural proportion white and dark meat commodity chicken. No added soy products, dairy or dried whole egg. Strips are batter breaded with Whole Grain enriched wheat flour and modified crumb-style breading for optimum oven performance and extended holding time. 3 strips @ 1.3 oz. each guaranteed by CN Label to provide 2 oz. meat/meat alternative and 1 grain serving. Product to provide zero grams trans fat. Contains: WHEAT

**Nutrition Facts**

Serving Size 3 Pieces (110g)
Servings Per Container About 124

**Amount Per Serving**

| | |
|---|---|
| **Calories** 280 | Calories from Fat 150 |
| | **% Daily Value*** |
| **Total Fat** 17g | **26%** |
| Saturated Fat 4g | **20%** |
| Trans Fat 0g | |
| Polyunsaturated Fat 6g | |
| Monounsaturated Fat 6g | |
| **Cholesterol** 65mg | **22%** |
| **Sodium** 340mg | **14%** |
| **Potassium** 320mg | **9%** |
| **Total Carbohydrate** 15g | **5%** |
| Dietary Fiber 2g | **8%** |
| Sugars 0g | |
| **Protein** 18g | |

Vitamin A 4% • Vitamin C 180%
Calcium 2% • Iron 6%
Folate 2%

*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less Than | 65g | 80g |
| Saturated Fat | Less Than | 20g | 25g |
| Cholesterol | Less Than | 300mg | 300mg |
| Sodium | Less Than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**Fully Cooked**

**6216**

**Whole Grain Breaded Chicken Strip Shaped Chicken Patties**

**INGREDIENTS:** Chicken, Water, Seasoning [Salt, Turbinado Sugar, Chicken Flavor (Dried Cooked Chicken, Dried Chicken Skin, Chicken Broth, Spice Extractive), Savory Flavor (Natural Flavor, Maltodextrin), Dehydrated Onion, Spices (Including Celery Seed), Garlic Powder, Expeller Pressed Canola Oil (As A Processing Aid), Not More Than 2% Silicon Dioxide Added To Prevent Caking], Seasoning (Rice Starch, Salt And Natural Flavoring). **Breaded With:** Whole Wheat Flour, Salt, Leavening (Cream Of Tartar, Sodium Bicarbonate), Sugar, Spices, Ascorbic Acid (Vitamin C), Garlic Powder, Soybean Oil (As A Processing Aid), Extractives Of Paprika. **Battered With:** Water, Whole Wheat Flour, Corn Starch, Sugar, Salt, Leavening (Cream Of Tartar, Sodium Bicarbonate), Onion Powder, Garlic Powder, Maltodextrin, Yeast Extract, Chicken Broth, Ascorbic Acid (Vitamin C), Vegetable Shortening (Sunflower Oil), Soybean Oil (As A Processing Aid), Natural Flavors, Extractives Of Paprika, Dextrose. **Predusted With:** Whole Wheat Flour, Corn Starch, Salt, Onion Powder, Garlic Powder, Maltodextrin, Ascorbic Acid (Vitamin C), Vegetable Shortening (Sunflower Oil), Soybean Oil (As A Processing Aid), Natural Flavors, Extractives Of Paprika, Dextrose. Breading Set In Vegetable Oil.

**CONTAINS: WHEAT**

CN
CN Three 1.30 oz. Fully Cooked Whole Grain Breaded Chicken Strip Shaped Chicken Patties provide 2.00 oz. equivalent meat and 1.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 08/15). 093335 CN
CN

Distributed By: Pilgrim's Pride Corporation
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.poultry.com
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**HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 10 to 14 minutes. **Convection Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 8 to 10 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F.

Camden Robbins R.D., SNS — 7/1/19

**Camden Robbins, R.D., SNS K-12 School Nutritionist** — **Date**

**Primary Production Plant Waco TX CN #093335 Additional Plants – CN#093332**

*Nutrient information for our product is based on the certified portion size as stated on CN label.*