

October Middle and High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		10-1 Rotini & Meatballs Boneless Wings & Roll French Bread Pizza Crinkle Cut Carrots Romaine Cauliflower Fruit Cocktail Apple Orange	10-2 Mini Corn Dogs & Mac & Cheese Crispy Chicken Sandwich Cheese Bosco & Marinara Broccoli Salad Romaine & Spinach Rosy Applesauce Apple/Banana	10-3 Walking Taco Cheese/Hamburger & Sun Chips Pizza Slice Black Beans Roasted Corn & Black Beans Romine/Green Pepper Peaches Grapes/Orange
10-6 Meatball Sub Spicy Chicken Sandwich Pizza Bosco Corn Romaine/Carrots Pears Pineapple Apple/Orange Cookie	10-7 Snack N' Waffle & Sausage Cheese/Hamburger & Sun Chips Potato Triangles Romaine & Spinach Broccoli Peaches Banana/Orange	10-8 Hot Dog & Sun chips Boneless Wings & Roll Baked Beans Romaine Cauliflower Applesauce Orange /Apple	10-9 Teriyaki Chicken & Rice Cheese/Hamburger & Sun Chips Pizza Slice Peas & Carrots Romaine & Spinach Cucumbers Fruit Cocktail Apple/Banana	10-10 NO SCHOOL
10-13 Chicken Tenders & Roll Spicy Chicken Sandwich Pizza Bosco California Veggies Romaine/Carrots Pears Apple/Orange Chocolate Pudding	10-14 French Toast & Sausage Cheese/Hamburger & Sun Chip Pizza Slice Skillet Potatoes Romaine & Spinach/Green Peppers Garbanzo Beans Mandarin Oranges Banana/Orange	10-15 NO LUNCH	10-16 NO SCHOOL	10-17 NO SCHOOL
10-20 Chicken Nuggets & Roll Spicy Chicken Sandwich Pizza Bosco Baked Beans Romaine/ Carrots Pineapple Apple/Orange Cookie	10-21 Dutch Waffle & Sausage Cheese/Hamburger & Sun Chip Pizza Slice Potato Triangles Romaine & Spinach/ Broccoli Pears Banana/Orange	10-22 Mozzarella Sticks & Marinara Boneless Wings & Roll French Bread Pizza Crinkle Cut Carrots Romaine/Cauliflower Lemon Berry Frozen Fruit Cup Orange/ Apple	10-23 Meatball Sub Cheese/Hamburger & Sun Chips Pizza Slice California Veggies Romaine & Spinach Cucumbers Cinnamon Applesauce Apple/Banana	10-24 Teriyaki Chicken & Rice Crispy Chicken Sandwich Cheese Bosco & Marinara Peas & Carrots Romaine & Red Peppers Peaches & Pears Grapes /Orange
10-27 Chicken Tenders & Roll Spicy Chicken Sandwich Pizza Bosco Cheesy Mashed Potatoes Romaine/Carrots Pears Apple/Orange Vanilla Pudding	10-28 French Toast & Sausage Cheese/Hamburger & Sun Chips Skillet Potatoes Romaine & Spinach Garbanzo Beans Mandarin Oranges Banana/Orange	10-29 Rotini & Meatballs Boneless Wings & Roll French Bread Pizza Crinkle Cut Carrots Romaine Cauliflower Fruit Cocktail Apple Orange	10-30 Mini Corn Dogs & Mac & Cheese Crispy Chicken Sandwich Cheese Bosco & Marinara Broccoli Salad Romaine & Spinach Rosy Applesauce Apple/Banana	10-31 Walking Taco Cheese/Hamburger & Sun Chips Pizza Slice Black Beans Roasted Corn & Black Beans Romine/Green Pepper Peaches Grapes/Orange
Cold Options Daily: Uncrustable, String Cheese, Sun Chips Yogurt Smoothie Meal Hummus Meal	Fresh Fruit Options: Apple, Orange, Banana Grapes Upon availability.			