

October Heartland & Harmony Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		10-1 String Cheese Apple Slices Milk	10-2 Rice Chex Cereal Diced Peach Cip Milk	10-3 NO SCHOOL
10-6 Rice Chex Cereal Strawberry Applesauce Cup Milk	10-7 Mini Pancakes Mixed Fruit Cup Milk	10-8 Cheerios Cereal Apple Slices Milk	10-9 Yogurt Banana Milk	10-10 NO SCHOOL
10-13 Cheerios Cereal Applesauce Cup Milk	10-14 French Toast Sticks Diced Peach Cup Milk	10-15 NO SCHOOL	10-16 NO SCHOOL	10-17 NO SCHOOL
10-20 Rice Chex Cereal Berry Applesauce Milk	10-21 Mini Pancakes Diced Pear Cup Milk	10-22 Cheerios Cereal Apple Slices Milk	10-23 Yogurt Banana Milk	10-24 NO SCHOOL
10-27 Cheerios Cereal Cinnamon Applesauce Milk	10-28 French Toast Stick Pineapple Cup Milk	10-29 String Cheese Apple Slices Milk	10-30 Rice Chex Cereal Clementine Milk	10-31 NO SCHOOL