

September MSHS Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
9-1 Labor Day	9-2 NO SCHOOL	9-3 Chicken Parmesan Sandwich Boneless Wings & Roll French Bread Pizza Crinkle Cut Carrots Romaine Cauliflower Fruit Cocktail Apple Orange	9-4 Mini Corn Dogs & Mac & Cheese Crispy Chicken Sandwich Cheese Bosco & Marinara Broccoli Salad Romaine & Spinach Rosy Applesauce Apple/Banana	9-5 Walking Taco Cheese/Hamburger & Sun Chips Pizza Slice Black Beans Roasted Corn & Black Beans Romine/Green Pepper Peaches Grapes/Orange
9-8 Meatball Sub Spicy Chicken Sandwich Pizza Bosco Corn Romaine/Carrots Pears Pineapple Apple/Orange Cookie	9-9 Snack 'N Waffle & Sausage Cheese/Hamburger & Sun Chips Pizza Slice Potato Triangles Romaine & Spinach Broccoli Peaches Banana/Orange	9-10 Hot Dog & Sun chips Boneless Wings & Roll Baked Beans Romaine Cauliflower Applesauce Orange /Apple	9-11 Teriyaki Chicken & Rice Cheese/Hamburger & Sun Chips Pizza Slice California Veggies Romaine & Spinach Cucumbers Fruit Cocktail Apple/Banana	9-12 Quesadilla Crispy Chicken Sandwich Cheese Bosco & Marinara Green Beans Romaine/Red Pepper Wild Cherry Frozen Fruit Cup Grapes/Orange
9-15 Chicken Tenders & Roll Spicy Chicken Sandwich Pizza Bosco California Veggies Romaine/Carrots Pears Apple/Orange Chocolate Pudding	9-16 French Toast & Sausage Cheese/Hamburger & Sun Chip Pizza Slice Skillet Potatoes Romaine & Spinach/Grape Tomatoes Garbanzo Beans Mandarin Oranges Banana/Orange	9-17 Corn Dog Crispy Chicken Sandwich Cheese Bosco & Marinara Broccoli Salad Romaine & Spinach Peaches Apple Orange	9-18 Country Breaded Steak & Roll Boneless Wings & Roll French Bread Pizza Mashed Potatoes & Gravy Romaine & Spinach Peaches Apple Banana	9-19 Walking Taco Cheese/Hamburger & Sun Chips Pizza Slice Black Beans Roasted Corn & Black Beans Romine/Grape Tomatoes Rosy Applesauce Grapes/Orange
9-22 Chicken Nuggets & Roll Spicy Chicken Sandwich Pizza Bosco Baked Beans Romaine/ Carrots Pineapple Apple/Orange Cookie	9-23 Dutch Waffle & Sausage Cheese/Hamburger & Sun Chip Pizza Slice Potato Triangles Romaine & Spinach/ Broccoli Pears Banana/Orange	9-24 Mozzarella Sticks & Marinara Boneless Wings & Roll French Bread Pizza Crinkle Cut Carrots Romaine/Cauliflower Lemon Berry Frozen Fruit Cup Orange/ Apple	9-25 Meatball Sub Cheese/Hamburger & Sun Chips Pizza Slice California Veggies Romaine & Spinach Cucumbers Cinnamon Applesauce Apple/Banana	9-26 Teriyaki Chicken & Rice Crispy Chicken Sandwich Cheese Bosco & Marinara Peas & Carrots Romaine & Red Peppers Peaches & Pears Grapes/Orange
9-29 Chicken Tenders & Roll Spicy Chicken Sandwich Pizza Bosco Cheesy Mashed Potatoes Romaine/Carrots Pears Apple/Orange Vanilla Pudding	9-30 French Toast & Sausage Cheese/Hamburger & Sun Chips Skillet Potatoes Romaine & Spinach Garbanzo Beans Mandarin Oranges Banana/Orange			
Cold Options Daily: Uncrustable, String Cheese, Sun Chips Yogurt Smoothie Meal Hummus Meal	Fresh Fruit Options: Apple, Orange, Banana Grapes Upon availability.			