

September Heartland & Harmony Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
9-1 Labor Day	9-2 NO SCHOOL	9-3 French Toast Sticks & Sausage Potato Triangles Baby Carrots Strawberries & Diced Peaches Milk	9-4 WOW Butter & String Cheese California Veggies Romaine Salad Applesauce Milk	9-5 NO SCHOOL
9-8 Mac & Cheese & Roll Romaine & Spinach Salad Mandarin Oranges Milk	9-9 Chicken Strips Sidewinder Fries Green Beans Rosy Applesauce Milk	9-10 Mini Corn Dogs Cucumbers Pears Pineapple	9-11 Cheese Pizza Black Beans Shredded Lettuce Fruit Cocktail Milk	9-12 NO SCHOOL
9-15 Breaded Chicken Sandwich Crinkle Cut Carrots Broccoli Mandarin Oranges Milk	9-16 Chicken Tenders Potato Triangles Shredded Lettuce Fruit Cocktail Milk	9-17 French Toast Sticks & Sausage Skillet Potatoes Romaine Salad Pears Milk	9-18 Cheeseburger Baked Beans California Veggies Apple Slices Milk	9-19 NO SCHOOL
9-22 Chicken Nuggets Mashed Potatoes & Gravy Baby Carrots Mandarin Oranges Milk	9-23 Country Breaded Steak Sandwich Baked Beans Romaine Salad Pineapple Vanilla Pudding Milk	9-24 Mini Corn Dogs Grape Tomatoes Applesauce Peaches Milk	9-25 Chicken Strips Black Beans Apple Slices Lemon Berry Frozen Fruit Cup Milk	9-26 NO SCHOOL
9-29 Chicken Quesadilla Potato Smiles Romaine Salad Mandarin Oranges Milk	9-30 Hot Dog Corn Broccoli Peaches Milk			