



Priority Standards

PE Priority Standards – Weights

Below is a table of PE standards. Standards that are in **BOLD** type (with an asterisk) are the Priority Standards to focus on when students are expected to learn in a virtual or remote setting.

Priority Standards	Description
*Standard 1	The student demonstrates competency in motor skill and movement patterns needed to perform a variety of physical activities.
Standard 2	The student demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.
*Standard 3	The student participates regularly in physical activity.
*Standard 4	The student achieves and maintains a health-enhancing level of physical fitness.
Standard 5	The student exhibits responsible personal and social behavior that respects self and others in physical activity settings.
Standard 6	The student values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

For a link to High School **PE focus sub-standards** recommended by Shape America for Remote/Distance Learning, click [HERE](#).