

May Elementary Lunch Carb Count

Monday	Tuesday	Wednesday	Thursday	Friday
			5-1 Stuffed Crust Pepperoni Pizza 35 Teriyaki Chicken w/Rice 33 Wow Butter Sandwich 28 & String Cheese 0 California Veggies 16 Pears 13 Apple Slices 7	5-2 Cheeseburger 21 Grilled Cheese 24 Yogurt 22 & Mini Pancakes 36 Baked Beans 30 Fresh Veggies 3 Pineapple 16 Cookie 18
5-5 Chicken Nuggets 17 & Roll 29 Yogurt 22 & Mini Pancakes 36 Mashed Potatoes 19 & Gravy 5 Baby Carrots 13 Mandarin Oranges 13	5-6 Country Breaded Steak Sandwich 38 Bosco Stick 21 & Marinara 5 Wow Butter Sandwich 28 & String Cheese 0 Baked Beans 30 Romaine Salad 2 Pineapple 16 Vanilla Pudding 28	5-7 Dutch Waffle 43 & Sausage 0 Mini Corn Dogs 26 Yogurt 22 & BB Muffin 42 Grape Tomatoes 3 Broccoli 6 Peaches 14 Applesauce 14	5-8 Chicken Strips 15 & Roll 29 Hot Dog 19 Wow Butter Sandwich 28 & String Cheese 0 Corn 15 Orange 11 Lemon Berry Frozen fruit Cup 18	5-9 Cheese Pizza 26 Breaded Chicken Sandwich 35 Yogurt 22 & Mini Pancakes 36 Peas & Carrots 7 Romaine & Spinach Salad 2 Apple Slices 7
5-12 Chicken Tender Bites & Roll 29 Yogurt 22 & Mini Pancakes 36 Potato Smiles 20 Green Beans 5 Romaine Salad 2 Mandarin Oranges 13	5-13 Chicken Quesadilla 39 Mozzarella Sticks 33 & Marinara 5 Wow Butter Sandwich 28 & String Cheese 0 Corn 15 Broccoli 6 Peaches 14	5-14 French Toast Sticks 35 & Sausage 0 Corn Dog 30 Yogurt 22 & DCC Muffin 52 Potato Triangles 21 Baby Carrots 13 Pears 13 Strawberries & Diced Peaches 16	5-15 Stuffed Crust Pepperoni Pizza 35 Soft Tacos 31 Wow Butter Sandwich 28 & String Cheese 0 Black Beans 20 Shredded Lettuce 2 Applesauce 14	5-16 Cheeseburger 21 Fish Sticks 19 & Roll 29 Yogurt 22 & Mini Pancakes 36 Baked Beans 30 Corn 15 Fruit Cocktail 13 Cookie 18
5-19 Mac & Cheese 30 & Roll 29 Drumstick 5 & Roll 29 Yogurt 22 & Mini Pancakes 36 Romaine & Spinach Salad 2 Mandarin Oranges 13 Pineapple 16 Chocolate Pudding 13	5-20 Chicken Strips 15 & Roll 29 Wow Butter Sandwich 28 & String Cheese 0 Green Beans 5 Romaine Salad 2 Rosy Applesauce 22	5-21 Hot Dog 19 Yogurt 22 & Blueberry Muffin 42 Baby Carrots 13 Pears 13 Pineapple 16 Cookie 18	5-22 NO LUNCH	5-23