

May Grab 'n' Go Breakfast Carb count

Monday	Tuesday	Wednesday	Thursday	Friday
			5-1 Trix Cereal Bar 29 & Yogurt 14 Clementine 9	5-2 Apple Jacks 24 & String Cheese 0 Raisins 25
5-5 Cinni Minis 39 Berry Applesauce Cup 17	5-6 Dark CC Benefit Bar 48 Diced Pear Cup 16	5-7 Froot Loops 24 & String Cheese 0 Apple Slices 7	5-8 Pumpkin Bread 44 Banana 31	5-9 Apple Jacks 24 & String Cheese 0 Raisins 25
5-12 DBL CC Muffin 52 Cinnamon Applesauce 17	5-13 Cocoa Cherry Bar 33 & Yogurt 14 Diced Pineapple Cup 15	5-14 Lucky Charms 24 & String Cheese 0 Apple Slices 7	5-15 Celebration Benefit Bar 57 Diced Pear Cup 16	5-16 Apple Jacks 24 & String Cheese 0 Raisins 25
5-19 Cinni Minis 39 Strawberry Applesauce 17	5-20 Oatmeal CC Benefit Bar 47 Mixed Fruit Cup 16	5-21 Froot Loops 24 & String Cheese 0 Apple Slices 7	5-22 Banana Bread 44 Diced Peach Cup 14	5-23