

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Heatherstone Elementary School

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March • April • May 2025

March 2025

Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. Ask your child to design an advertisement for a favorite school subject.
- ☐ 2. Give every letter of the alphabet a monetary value. A = 1¢, B = 2¢, etc. Who can write down the most valuable word?
- ☐ 3. Take turns with your child being an artist and a model. The model poses while the artist draws a portrait. Then, switch roles.
- ☐ 4. Find a new way to say "I love you" to your child—such as in sign language or in secret code.
- ☐ 5. At dinner, use flash cards to quiz everyone on math facts.
- ☐ 6. Have a family Geography Challenge. Name a state, province or country. Who can call out the capital first?
- ☐ 7. Talk with your child about *perseverance*. Point out examples of people who demonstrate this quality.
- ☐ 8. Suggest sorting your child's books by subject. Your child can use the library's system or invent a new one.
- ☐ 9. Set aside some time to spend one on one with your child today.
- ☐ 10. Watch the news with your child. Choose a Person of the Week. Read more about that person.
- ☐ 11. Set aside 15 minutes for writing with your child.
- ☐ 12. Have your child draw on paper with a white crayon or candle. The picture will appear when your child paints over it with watercolors.
- ☐ 13. Pause while reading aloud to your child to ask, "What do you think will happen next?"
- ☐ 14. Encourage your child to take positive risks that don't affect safety, like trying a new food, for example.
- ☐ 15. Visit the library. Help your child check out a book about the Earth.
- ☐ 16. As a family, visit a nearby park or running trail. Everyone run like the March wind!
- ☐ 17. Help your child break down large tasks into smaller parts.
- ☐ 18. Look for a community service project to participate in with your child.
- ☐ 19. Play a game of tic-tac-toe with your child.
- ☐ 20. Read a story to your child. Later, ask your student to retell it to you from memory.
- ☐ 21. Get organized! Brainstorm with your child about ways to reduce clutter at home.
- ☐ 22. At dinner, talk about what family members are doing to achieve their goals. Celebrate everyone's successes.
- ☐ 23. Take a walk with your child after dark. Try to identify constellations.
- ☐ 24. Learn how to fold origami animals with your child.
- ☐ 25. Look in the newspaper or online for a list of things to do in your area. Which ones appeal to your child? Plan to do a few together.
- ☐ 26. List animals your child loves. Ask, "If you could have any animal as a pet, which would it be? Why?"
- ☐ 27. Clip or print an interesting news story. Cut the paragraphs apart. Ask your child to read them and put them in order.
- ☐ 28. Share a fun fact about a topic your child loves.
- ☐ 29. Play some upbeat music while your family does chores today.
- ☐ 30. Fly a kite with your child.
- ☐ 31. Fill glasses with different amounts of water. Have your child tap them with a metal spoon and listen to the tones.

April 2025

Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. Have your child keep a chart of sunny and rainy days this month.
- ☐ 2. Write your child's name vertically. Have your student use each letter to begin a line of a poem.
- ☐ 3. Take a walk with your child and look for signs of spring. Ask, "If you didn't know the season, how could you use your senses to figure it out?"
- ☐ 4. Have your child figure out the average age of family members. (Add up ages, divide by number of family members.)
- ☐ 5. Have your child design a new cover for a much-loved book.
- ☐ 6. Have 20 minutes of DEAR (Drop Everything And Read) time today.
- ☐ 7. Get creative in the kitchen. Dream up some new pizza topping combinations with your child.
- ☐ 8. Ask if your child has ever had a scary dream. What was it about?
- ☐ 9. Have your child point to a country in an atlas or on a globe or world map. Together, figure out what time it is there.
- ☐ 10. Play Math Jeopardy. Say a number and see who can come up with a problem for which it is the answer.
- ☐ 11. Practice making decisions as a family.
- ☐ 12. Look at the weather forecast with your child today. Compare the weather where you live to the rest of the country.
- ☐ 13. Show your child a photograph from the media. Each of you write about what you think happened before or after the picture was taken.
- ☐ 14. Help birds build a nest. Collect pine needles, dried grass and cotton balls. Put them in a mesh bag and hang the bag on a tree.
- ☐ 15. With your child, make a list of words we commonly use that came from other languages. Here's a start: *piñata*, *croissant*, *karate*.

- ☐ 16. Encourage your child's creativity. Ask unusual questions. "What would you bring to a picnic in space?"
- ☐ 17. Have your child rub two stones together for a few minutes. Can your student feel the heat generated? This is due to *friction*.
- ☐ 18. Help your child try a food from another culture. Cook it at home or visit a restaurant as a family.
- ☐ 19. Play a game with your child today. It can be an active outdoor game or a quiet board game. Let your child choose.
- ☐ 20. Help your child research how rain falls from the sky.
- ☐ 21. Find the oldest building in your town. Visit it with your child and talk about local history.
- ☐ 22. Today is Earth Day. As a family, think of something you can do to protect the Earth.
- ☐ 23. Let your child choose what to wear and where to study today.
- ☐ 24. Share your heroes with your child. Talk about why you admire them.
- ☐ 25. Have a device-free evening. Take turns retelling family stories instead.
- ☐ 26. Encourage your child to put on a talent show. You provide the popcorn and the applause.
- ☐ 27. Use the letters in your child's name to start positive descriptions of your child. "M is for mighty. I is for interesting. A is for adventurous."
- ☐ 28. Have your child solve silly math problems, such as "How many hours are there until the last day of school?"
- ☐ 29. Teach your child to be a considerate winner and a gracious loser.
- ☐ 30. Together, make a list of five things your child has learned in school this month.

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May 2025

Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. Sit in the grass with your child. How many creatures can you find that make their homes in the ground?
- ☐ 2. Challenge your child to figure out a math problem without using pencil and paper or a calculator.
- ☐ 3. It's National Physical Fitness and Sports Month. Enjoy a new fitness activity you can do together as a family.
- ☐ 4. Today is National Weather Observers Day. Go outside and observe the clouds with your child.
- ☐ 5. Create a special holiday just for your family.
- ☐ 6. Praise your child for doing something well today. Make your praise as specific as possible.
- ☐ 7. Challenge each family member to bring an interesting fact to dinner.
- ☐ 8. Ask the school about dates for year-end tests. Make sure your child gets enough sleep in the weeks before.
- ☐ 9. Ask your child to predict the results of flipping a coin 10 times. Try it and compare the outcome to the estimate.
- ☐ 10. Encourage your child to write a letter today to a faraway relative or friend.
- ☐ 11. Help your child pick some flowers (with permission) or pretty weeds and give a bouquet to someone special.
- ☐ 12. Teach your child this stress-relieving strategy: Breathe deeply while slowing counting to 10.
- ☐ 13. With your child, pretend you are in an opera. Sing everything you say to each other today.
- ☐ 14. If your child dawdles, offer a challenge: "Can you complete [the task] before I count to 25?"

- ☐ 15. Help your child learn where your town's water comes from.
- ☐ 16. Watch a movie based on a children's book with your child. Then, read the book together. How are they different?
- ☐ 17. Make sculptures of each other out of clay.
- ☐ 18. Today is International Museum Day. Talk with your child about the value of museums. Visit one locally or online.
- ☐ 19. How many times can your child jump rope without missing? Estimate and then find out!
- ☐ 20. Get some sidewalk chalk. Do math problems outside together.
- ☐ 21. Brainstorm together about how your family could help beautify your neighborhood.
- ☐ 22. Ask your child to draw a map of how to get from your home to school.
- ☐ 23. Help your child find out what's inside a seed. Soak a dry bean overnight, remove the coat and pull the halves apart.
- ☐ 24. Go for a walk or bike ride with your child today. Try to spot things you haven't seen before.
- ☐ 25. Talk about things that used to be hard for your child that are easy now.
- ☐ 26. Help your child figure out the perimeter and area of a room in your home.
- ☐ 27. Talk with your child about the importance of reading all summer long.
- ☐ 28. Encourage your child to write a thank-you note to a favorite teacher.
- ☐ 29. Look for summer camps or programs that your child might enjoy.
- ☐ 30. Talk to your child about the values that are important to you.
- ☐ 31. Review your child's list of goals for this school year. Did your student accomplish them? Make some goals for next year.

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