

Daily Learning Planner

*Ideas families can use to help children
do well in school*

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. With your child, read the label on a food your family eats regularly. What nutrition does it provide? How much sugar is in it?
- ☐ 2. Talk with your child about the importance of telling an adult when a person is being bullied.
- ☐ 3. Help your child look around your home for things that come from plants (food, clothing, wooden items).
- ☐ 4. Plan an indoor campout. Make a tent from a blanket. Eat s'mores and read scary stories.
- ☐ 5. Make a chore chart together. List chores your child is responsible for and when they should be completed.
- ☐ 6. Discuss people your child admires. Ask why your student admires them.
- ☐ 7. Hold a family meeting. Discuss everyone's recent achievements.
- ☐ 8. When you watch TV or videos together, ask your child questions: "Was what that person did a smart idea?" "What would you have done?"
- ☐ 9. Today's news is history in the making. Watch the news with your child.
- ☐ 10. With your child, make a list of favorite activities you did together last year. Schedule time on the calendar to do some again this year.
- ☐ 11. Ask your child to read to you while you cook.
- ☐ 12. Notice trees with your child. Which are *evergreen*? Which are *deciduous* (trees that shed their leaves)?
- ☐ 13. What skill would you and your child like to learn? Look for a how-to book or an online video.
- ☐ 14. Ask your child to give you a news report about the school day today. What's the lead story?
- ☐ 15. With your eyes shut, take turns with your child describing the sounds you hear.
- ☐ 16. Start a family savings jar. Decide together on what the goal will be and how each person will contribute.
- ☐ 17. After dinner, have a family sing-along. Ask family members to share their favorite songs.
- ☐ 18. Allow a few minutes after the light is off at bedtime for quiet conversation with your child.
- ☐ 19. Challenge your child to write a poem or story from the point of view of a tree.
- ☐ 20. Make a crossword puzzle to help your child review vocabulary words.
- ☐ 21. Challenge your child to invent a delicious drink, such as "banana hot chocolate."
- ☐ 22. Take a book along when you go places with your child. Read together while waiting for the bus or at the doctor's office.
- ☐ 23. Ask your child to help you organize something, such as a closet.
- ☐ 24. At the grocery store, have your child estimate how many apples are in two pounds. Use the scales to check.
- ☐ 25. Watch a nature program with your child.
- ☐ 26. Choose a recipe from another country or culture. Prepare it together.
- ☐ 27. Demonstrate how to take your child's pulse. Have your child jump up and down 15 times and take it again. Has it changed?
- ☐ 28. Ask your child, "How can people learn from their mistakes?"
- ☐ 29. Help your child write a letter to a favorite living author.
- ☐ 30. Decide on a location anywhere in the world. Take turns with your child telling one thing you would like to see there.
- ☐ 31. When planning your child's activities, remember that kids need plenty of downtime to think, imagine and play.