

Select at least 3 food items
One must be a fruit or juice.
Some grains count as 2 items
Food Groups: *Grains *Fruit *Milk

Breakfast Menu

Monday

- ***Cinnamon Toast Crunch Pastry***
- ***Breakfast Bites***
- ***French Toast Sticks (IW)***

Tuesday

- ***Breakfast Pizza***
- ***Snack N' Waffle***

Wednesday

- ***Pancake Sausage Stick***
- ***French Toast & Sausage***

Thursday

- ***Breakfast Pizza***
- ***Snack N' Waffle***

Friday

- ***Dutch Waffle***
- ***French Toast Sticks (IW)***

Available Daily

Grain/Yogurt Combo

Any 2 of these, plus Yogurt, based on availability

Cereal:

- **Apple Jacks**
- **Golden Grahams**
- **Froot Loops**
- **Lucky Charms**

Cereal Bars:

- **Cocoa Puffs Bar**
- **Cinnamon Toast Crunch**
- **Trix**

Yogurt:

- **Vanilla**
- **Strawberry**

Grain Combo

Any 1 of these, based on availability

Benefit Bar

- **French Toast**
- **Oatmeal Chocolate Chip**
- **DBL Chocolate Chip**

Breakfast Bun

- **Snack N' Waffle**
- **Apple/Cinnamon Bun**

Muffin

- **Blueberry**
- **DBL Chocolate Chip**

Breakfast Breads

- **Banana**
- **Cinnamon**
- **Mini Donuts**
- **Uncrustables**