OLATHE SOUTH HIGH SCHOOL CHEER TRYOUT PACKET 2020 - 2021



OLATHE SOUTH HIGH SCHOOL CHEER TRYOUTS 2020 – 2021 1640 E. 151ST STREET, OLATHE, KANSAS 66062 PHONE: (913) 780-7160

Dear Applicant and Parent/Guardian,

It is that time of year for the annual Olathe South High School cheer tryouts. We are very excited that you want to be a part of this award winning team. Applicants and parent(s)/guardian(s) should read the contents of this packet very carefully. Being selected as an Olathe South Cheerleader is an honor and privilege. Responsibility to the school, squads, and its members will be of highest priority.

Clinics and tryouts will take place Wednesday, March 25, 2020 – Friday, March 27, 2020. There will be an informational meeting for applicants and their parent(s)/guardian(s) at 6:30 p.m. on Monday, March 2, 2020. The meeting will be held in the library at Olathe South High School. The purpose of this meeting is to discuss the tryout process and required forms in this packet, time commitment, expectations, and costs associated with cheerleading at Olathe South. We will also address any questions or concerns parents and/or applicants may have. If you are unable to attend this meeting and have questions, please contact me via email at *rejetton@olatheschools.org*.

The tryout application form, contract form, grade check form, and a copy of applicant's first semester grade card must be turned in **before 3:30 p.m. on Friday, March 13, 2020.** *No applications will be accepted after 3:30 p.m. on that day – no exceptions.* Please turn in completed forms between 7:30 a.m. and 4:00 p.m. to the front office of Olathe South High School.

Good luck and thank you for your interest in becoming an Olathe South Cheerleader for the 2020-2021 school year. Again, please feel free to contact me at *rejetton@olatheschools.org* if you have any questions or concerns.

Sincerely,

Rachel Jetton

Rachel Jetton Olathe South High School Head Cheerleading Coach <u>rejetton@olatheschools.org</u> Cheer Website: http://oshscheer.weebly.com/

OSHS CHEER TRYOUT INFORMATION...

Informational Meeting: Located in the Library at Olathe South

There will be an informational meeting for all cheerleader applicants and their parent(s)/guardian(s) on **Monday, March 2nd** at 6:30 p.m. <u>All parents and applicants are highly encouraged to attend</u>.

Completed Forms: Due before 3:30 p.m. on Friday, March 13, 2020

Four forms are required – tryout application form, contract form, grade check form, and a copy of applicant's first semester grade card. Please turn in completed forms between 7:30 a.m. and 4:00 p.m. to the front office of Olathe South High School. All forms must be turned in before 3:30 p.m. on March 13. No late applications will be accepted.

Clinics: Located in the OSHS South Gym

Wednesday, March 25 from 6:15 p.m. – 8:00 p.m.

• Learn all tryout material and walk through what tryouts will look like on Friday

Thursday, March 26 from 6:15 p.m. – 8:00 p.m.

• Review and mock tryout - Girls may leave after their mock tryout or stay and practice

Tryouts: Located in OSHS South Gym and OSHS Auxiliary Gym

Friday, March 27 starting with Group 1 at 3:45 p.m.

Candidates will exit the building directly after completing their tryout

Announcement of Team:

The new team will be announced **NO EARLIER** than 8:30 p.m. on Friday, March 27, 2020 via the OSHS Cheer website: <u>http://oshscheer.weebly.com/</u>

Note: If selected to be a member of the 2020-2021 OSHS Cheer Squad, a \$250 payment will be due at the post tryout informational meeting for cheerleaders and their parents on Wednesday, April 1. Selected members will receive more information via email, so please provide up-to-date email addresses on the Tryout Application Form.

How to Apply:

- 1. All cheerleader applicants must RESIDE IN THE OLATHE SOUTH ATTENDANCE AREA OR ALREADY HAVE BEEN APPROVED FOR A TRANSFER.
- 2. Cheerleader applicant must have a 2.5 cumulative grade point average, have passed all classes in the fall of 2019, and currently be passing all classes to be eligible.
- 3. Complete the Tryout Application Form, Contract Form, and Grade Check Form, and get a copy of cheerleader applicant's first semester grade card that includes applicant's cumulative GPA.

How to obtain first semester grade card from $\ensuremath{\mathsf{StudentVue}}$:

- 1. Log onto StudentVue
- 2. Click Report Card in the left menu column
- 3. Click <u>QT2</u> in the upper right corner
- 4. In the blue banner, click <u>Click here to view report card for Quarter 2</u>
- 5. Make sure your cumulative GPA is included in the table at the bottom
- 6. Print and attach to other forms
- 4. Turn in all completed tryout forms and a copy of applicant's first semester grade card **before 3:30 p.m. on Friday, March 13**.

Note: There is no requirement to have a physical to tryout.

OSHS CHEER TRYOUT INFORMATION ...

Material:

All individuals trying out for cheerleading will be required to perform an entrance, jumps, individual cheer, group dance, and the fight song. All tryout material will be presented at tryout clinics on Wed. 3/25 and reviewed Thurs. 3/26 before mock tryouts.

Scoring:

60% tryout points (judges ballots) and 40% observation by coaches during the clinics will select members. A sample of the tryout ballot and clinic score sheet is included in this packet. Judges will consist of a variety of former cheerleaders, college cheerleaders, sponsors from other high schools, and other adults.

Attire for Clinics and Tryouts:

White t-shirts and black/dark shorts should be worn to clinics and tryouts. NO spandex, sports bras (without a shirt), or tight fitting clothing can be worn to clinics or tryouts. Each individual will be given a number that needs to be visible at all times during clinics and tryouts. Wear athletic shoes in which you can easily jump, tumble, and dance. Gum and jewelry is not allowed during tryouts. Wear your hair pulled back in a ponytail.

BRIEF DESCRIPTION OF OSHS CHEER...

Mission:

Olathe South Cheerleaders lead the student body by demonstrating school spirit and good sportsmanship at athletic events, encouraging attendance at school events, developing leadership qualities and skills and representing Olathe South High School with both pride and excellence.

Dedication:

Cheerleading is a year-round activity that not only includes summer practices, but also, as after school practices during the school year. OSHS Cheer is competitive and we attend at least one competition each year. Cheerleading is a commitment of time, energy and some expense. Membership requires a great deal of hard work and dedication, so please make sure you understand all of the expectations that are associated with OSHS Cheer.

OSHS CHEER SQUAD CONFIGURATIONS...

Freshmen Squad: This squad will consist of freshmen students.

Junior Varsity Squad: This squad will consist of freshmen, sophomore, and junior students. Varsity Squad: This squad will consist of sophomore, junior, and senior students.

*Sophomore games will be covered by Freshmen/JV mini-teams and volunteers for make-up points.

OSHS CHEER CLINIC SCORE SHEET

Candidate Number: _____ Coach: _____

5 = Excellent 4 = Good 5 = Average 2 = Below Average 1 = Poor

	Category	Description	Score (1 – 5)
ļ	General Appearance	Proper clothing/shoes, hair pulled back, no gum/jewelry	
	Spirit	Facial expression, good eye contact, performs with enthusiasm and energy, overall confidence is high, strong, clear, and enthusiastic voice, and displays enthusiasm for cheerleading	
N	Memorization	Learns routine quickly and shows evidence of mastery of materials	
F	Participation	Stays on task throughout the duration of the clinic, on- time, uses time wisely, effective listening skills, follows directions, and displays quality effort	
1	Teamwork & Attitude	Cooperation with peers and coaches, accepts constructive and/or corrective criticism, shows "coachability," and displays willingness and ability to work with others	V
	Athleticism	Shows flexibility and stamina, jumps display proper technique, timing, approach, height and difficulty, motions are sharp and tight.	
Ir	ndividual Skill	Toe Touch, Front Hurdler, Connect 2: Height, Execution, Pointed toes, Landing	
C	Cheer/Chant	Coordination, Execution, Confidence, Stamina/Presentation	
	Dance	Coordination, Execution, Confidence, Stamina/Presentation	
	Overall Presentation	Will represent Olathe South High School in a positive manner and adhere to the rules and expectations of all coaches	
C r			

OSHS CHEER TRYOUT BALLOT Judge # 1 Initials

5 = Excellent 4 = Good 3 = Average 2 = Below Average 1 = Poor

	1	1	
CANDIDATE NUMBER:			
ENTRANCE: 10 POINTS			
Execution: Proper Vocals, Spirit & Enthusiasm, Ability to Hit the Crowd			
Running Tumbling: Skill, Execution, Landing			
INDIVIDUAL SKILLS: 20 POINTS			
Toe Touch: Height, Execution, Pointed Toes, Landing			
Front Hurdler: Height, Execution, Pointed Toes, Landing			
Connect 2 Jumps: Height, Smooth Execution, Pointed Toes, Landing			
Standing Tumbling: Skill, Execution, Landing			
INDIVIDUAL CHEER: 25 POINTS			
Coordination: Natural Ability and Skill, Rhythm, Timing			
Execution: Sharp & Popped Motions, Proper Placement, Memorization			
Confidence: Voice Projection, Eye Contact, Showmanship			
Presentation: Energy, Facial Expressions, "CheerLEADER"			
Overall Stamina, Skill, Technique, Appearance:			
GROUP DANCE: 20 POINTS			
Coordination: Natural Ability and Skill, Rhythm, Timing			
Execution: Sharp & Popped Motions, Proper Placement, Memorization			
Confidence: Voice Projection, Eye Contact, Showmanship			
Presentation: Energy, Facial Expressions, "CheerLEADER"			
FIGHT SONG: 25 POINTS			
Coordination: Natural Ability and Skill, Rhythm, Timing			
Execution: Sharp & Popped Motions, Proper Placement, Memorization			
Confidence: Voice Projection, Eye Contact, Showmanship			
Presentation: Energy, Facial Expressions, "CheerLEADER"			
Overall Stamina, Skill, Technique, Appearance:			
TOTAL: 100 POINTS POSSIBLE			

OSHS CHEER TRYOUT TIPS...

- Make sure you thoroughly stretch before and after all work-outs!
- Practice in front of a mirror or with a friend who can comment on your performance.
- Listen carefully to what out-going cheerleaders tell you. They have lots of experience and can help you a great deal.
- Do not carry tryouts into the classroom.
- First impressions count! Neatness and cleanliness are important considerations during tryouts. Clothing should be flattering and clean.
- To prepare for tryouts, choose a simple outfit (described above) that will allow you to move easily so attention centers on your skill instead of your clothing. Avoid sloppy T-shirts, halters, tank tops, or jean shorts.
- Make-up should be kept to a minimum. Your appearance should be natural.
- Be sure your athletic shoes are comfortable and clean.
- Don't chew gum or wear jewelry!
- Pull hair from your face. Make sure your hair tie is secure. Your hair should look clean and natural.
- A pleasant expression and sincere smile on your face will be an asset to your total presentation.
- Stand tall. Good posture will help your confidence and enhance your presence. Practice standing up straight so that you feel natural while standing straight.
- Maintain good eye contact with the judges by focusing your eyes a little above their heads. It will appear as if you are looking at everyone in the audience.
- Concentrate on what you are doing instead of on your nervousness.
- Plan your entrance.
- If you make a mistake, don't panic. Simply ask the judges if you can begin again and be confident. Don't over perform. The judges look for coordination/skill, enthusiasm, confidence, and technical ability.
- Be poised and graceful.
- Stay mentally alert.
- Be positive about yourself and your ability. Visualize yourself doing everything perfect.
- Be thoroughly prepared mentally and physically.
- Smile naturally. Be yourself.
- Practice, practice, practice!
- Encourage others!

TIPS FOR PARENTS/GUARDIANS...

- Praise your student's efforts and courage for trying out!
- Be a good practice audience. Encourage with smiles and positive words.
- Help your student find a good balance during the week of tryouts between school, cheer and sleep. Stay positive and help them to relax after a stressful day.
- Be empathetic. Not everyone can make the team. If you have questions about the results, they can be addressed with the Spirit Director, Mrs. Elaine Carpenter, the week **following** tryouts.

OSHS CHEER TRYOUT APPLICATION FORM

Please print clearly.

Applicant's Name:				
(Last)		(First)	(Middle Initial)	
Applicant's Student ID #:		Applicant's Current Grade:		
Applicant's Current School:				
Applicant's E-mail:				
Applicant's Address:	(House Number/Street Name)			
-	(City)	(State)	(Zip Code)	
Do you live in Olathe South's ,	Attendance Area? YES	NO		
If you checked NO, please pr	ovide the date you app	ied for your transfer:		
Primary Parent/Guardian:		Phone:		
Primary's Home Address:				
Primary's Email:				
Secondary Parent/Guardian:		Phone:		
Secondary's Home Address: _				
Secondary's Email:				

Completed application form, contract form, grade check form, and a copy of applicant's first semester grade card must be turned in **before 3:30 p.m. on Friday, March 13**.

OSHS CHEER TRYOUT CONTRACT FORM

I understand that qualified judges will evaluate me and I agree to abide by the decision of the judges and acknowledge that all scores, including my own, and all ballots will stay confidential.

I understand that if I am not selected, but have questions in regards to what I can do better next time, I should contact Elaine Carpenter the week following tryouts to receive feedback, which will **not** include my individual scores or scores of others.

I understand that I must reside in the Olathe South High School attendance area or have already been approved for a transfer to Olathe South for the 2020-2021 school year.

I understand by the very nature of the activity, cheering, stunting, and gymnastics carry risks of physical injury. No matter how careful the participant and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. I acknowledge these risks and I will not hold Olathe South High School or any of its personnel responsible in the case of accident or injury at any time.

I understand that cheerleading is a time consuming activity that requires dedication and enthusiasm for not only cheerleading, but for **all** Olathe South athletics and spirit events.

If selected, I understand that cheer is an expensive activity and that it is my responsibility to pay all required expenses on time unless otherwise communicated and approved by Coach Jetton.

• Total costs for new members is approximately \$1,000 - fundraisers will be available to help offset costs

If selected, I understand that I will be *required* to attend summer practices and summer camp which will be the month of June 2020.

If selected, I will abide by the rules and regulations set forth by the Olathe School District, the Olathe South Cheer coaches, the Olathe South Cheer Constitution, and administrators at Olathe South High School.

If selected, I understand that cheerleading is a class during the seventh hour of the school day and my grade will be determined by my ability to follow expectations set by the Olathe South Cheer coaches.

If selected, I understand that the required \$250 deposit payment is due at the mandatory post-tryout informational meeting on Wednesday, April 1.

• Selected members for the 2020-2021 school year will receive more information via e-mail, so please provide up to date e-mail addresses on the Tryout Application Form. This will be a **mandatory** meeting for **all** cheerleaders selected for the 2020-2021 school year **AND** their parent(s)/guardian(s), so keep this date open in your calendars.

If selected, I promise to abide by all aforementioned rules/regulations and to cooperate, follow any other instructions given by the Olathe South Cheer coaches, and fulfill my duties as an Olathe South Cheerleader throughout the 2020-2021 school year.

Applicant's Name (printed):	
Applicant's Signature:	Date:
Parent/Guardian's Name (printed):	
Parent/Guardian's Signature:	Date:

Completed application form, contract form, grade check form, and a copy of applicant's first semester grade card must be turned in **before 3:30 p.m. on Friday, March 13**.

OSHS CHEER TRYOUT GRADE CHECK FORM

This must be filled out by ALL applicant's current teachers between the dates of Monday, March 2 and Monday, March 9. Teachers should email Rachel Jetton in the event that the applicant fails 3rd Quarter, as this would make the student ineligible.

Applicant's Name: _____ Current School: _____

Hour	Course	Teacher	Current Grade	Comments Please email Rachel Jetton at <i>rejetton@olatheschools.org</i> if you have any additional comments.	Teacher Signature	Date Signed
1						
2						
3						
4						
5						
6						
7						

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