Athletes who experience one or more of the signs or symptoms listed below after a bump, blow, or jolt to the head or body may have a concussion. Do not try to judge the seriousness of the injury yourself. **If any signs, symptoms or behaviors observed in athlete after a head injury: remove from play until cleared by physician.**

### Signs Observed by Coaching Staff
- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of the game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, personality changes
- Can’t recall events prior to hit or fall
- Can’t recall events after hit or fall

### Symptoms Reported by Athlete
- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

### ACTION PLAN
- Athlete name: ____________________________________________ Time: ________
- Notify the athlete’s parents /guardians to pick up athlete. Athlete released to:
  - Name/relationship: ____________________________ Telephone: ______-____-_____
- Sent combined Parent/Physician Return to Play Letter (release) with athlete to parents
- Complete this form and give to the Certified Athletic Trainer or School Nurse ASAP (no later than the next day of school).

_________________________ ____________ _______________________
Coach/Responder Date Contact Info

Adopted for use by Olathe Public Schools October 2011

Meets requirements for MSHSAA and KSHSAA