

# Mental Health Supports for Students

## Mental Health Resources in the Olathe Public Schools:

All Mental Health Providers in the Olathe Public Schools are available to students. Services can be coordinated through your student's school counselor. Please contact your student's home school for more information about the best service for your student.

**Some services provided in the schools are fee-based, but full or partial financial assistance is available.** If you are in a financial situation in which you are unable to pay for mental health supports, please inform your child's school counselor.

Provider	Location
*School Counselors All services are free.	Available in all Olathe Public Schools
*Mental Health Professionals (licensed mental health providers) All services are free.	Available for all Olathe Public Schools students.
*Mental Health Liaisons/Johnson County Mental Health Therapists (a partnership to provide mental health and case management services)	Available for all Olathe Public Schools students.
*Contract Therapists (licensed community-based mental health providers) - fee based (full or partial scholarships are available)	Contact your school for more information. Available for all Olathe Public Schools students.
*Social Workers	Available based on a student's Individualized Education Plan (IEP).
*School Psychologists	Available based on a student's Individualized Education Plan (IEP).



# Olathe District Schools HELP Clinic

## **Purpose of HELP Clinic:**

Olathe School District understands the important role the family plays in the overall development and education of a child. With increased pressures and influences all around us today, our families, community and schools must work together more than ever. By providing a “bridge” between school and family, the Olathe School District’s HELP Clinic supports the family, offering a variety of student, parent and crisis services.

## **Who can benefit?**

Any situation that causes an interruption to the learning process is a serious educational concern. Students who are finding school difficult because of poor study skills, adjustment concerns, or relationships with others, can find help through the Clinic.

## **HELP Clinic Resources:**

The Clinic provides a convenient, inexpensive and supportive resource for dealing with various challenging situations surrounding students or families.

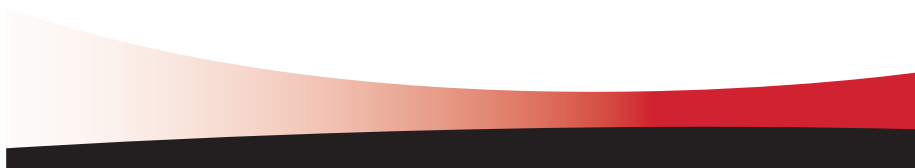
To seek more information about the HELP Clinic, call 913-780-7049 to leave a voicemail on a confidential line. You can also email the HELP Clinic at [HelpClinic@olatheschools.org](mailto:HelpClinic@olatheschools.org). All messages will be returned as soon as possible by a HELP clinic staff member. The Clinic is conveniently located in the Mill Creek Campus at 300 E. Loula Street, Olathe, Kansas. HELP Clinic hours are 4pm-6pm on Tuesdays and Thursdays when school is in session.

## **The HELP Clinic**

**Phone: 913-780-7049**

**Email: [Helpclinic@olatheschools.org](mailto:Helpclinic@olatheschools.org)**

**Website: <https://www.olatheschools.org/Domain/1217>**



## Additional Community Resources

(Available after school hours, on the weekend, or on school holidays):

Provider	Location
<b>Johnson County Mental Health</b> 913-826-4200 <i>After Hours Emergency:</i> 913-286-0156	<b>Open Access:</b> Monday-Friday, 9 a.m.-2 p.m. at 1125 W. Spruce, Olathe KS 66061 <a href="https://www.jocogov.org/dept/mental-health/accessing-services/walk-initial-visit">https://www.jocogov.org/dept/mental-health/accessing-services/walk-initial-visit</a>  Sliding fee scale
<b>Children's Mercy South</b> 913-696-8274	Must come into the ER to receive services. ER open 24/7.  5808 W. 110th, Overland Park, KS  <a href="http://www.childrensmercy.org">www.childrensmercy.org</a>
<b>The University of Kansas Health System—Marillac Campus</b> 913-951-4300	24/7 Availability at 8000 W. 127th Street, Overland Park, KS 66213  <a href="http://www.kansashealthsystem.com/find-us/marillac-campus">http://www.kansashealthsystem.com/find-us/marillac-campus</a>

If you have additional questions that cannot be answered via your Building Principal or School Counselor, the following district staff are available to assist.

- ▶ Angie Salava, Director of Social Emotional Learning and Mental Health Services, [anssalava@olatheschools.org](mailto:anssalava@olatheschools.org)
- ▶ Anjanette Tolman, Executive Director of Special Education Services, [aptolman@olatheschools.org](mailto:aptolman@olatheschools.org)

# Olathe Public Schools Mental Health Supports

Signs that a student may be struggling with their mental health\*:

## Ages 0-5:

- Problems attaching to their primary caregiver
- Difficulty socializing or playing with others
- Intense difficulty with separation
- Cannot engage in organized activities
- Explosive and prolonged tantrums

## Ages 6-11:

- Inability to focus, connect, or control impulses
- Disinterest in extra-curricular activities
- Difficulty in making or keeping friends
- Willing and able to break rules without remorse
- Frequent head or stomach aches or other physical ailments
- Extreme opposition and explosive behaviors
- School refusal
- Low tolerance for frustration or discomfort
- Difficulty with transitions or change

## Ages 12-17:

- Difficulty identifying personal interests or engaging in them
- Very concrete, hyper-focused thinking
- Social problems that persist
- Long-lasting, intense painful emotions
- School refusal, bullying others, aggression, and/or lack of motivation
- Severe mood swings, periods of extreme energy
- Eating or sleeping too much or too little
- Extreme lack of personal care or hygiene

## Ages 18-24:

- Inability to set goals and work towards them
- Inability to develop and/or maintain friendships and romantic relationships
- Obsessive thoughts and behaviors
- Unable to maintain a regular job or commitment
- Inability to delay gratification
- Lack of motivation

\**The Youth Mental Health Project, 2018, [ymhproject.org](http://ymhproject.org)*

Olathe Public Schools • 14160 S. Black Bob Road • P.O. Box 2000 • Olathe KS 66063  
913.780.7000 • [www.olatheschools.org](http://www.olatheschools.org)

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