

Name: _____

Date: _____

Personal Profile

Please complete the information below to help your teacher/counselor write a letter of recommendation. Please put in some thought before answering. Teachers/counselors require a TWO weeks' notice in order to write a quality letter.

List 3 qualities you like best about yourself:

List 3 qualities you think your teachers like best about you:

Explain the accomplishments that you are most proud of and why.

Give specific examples of how you have shown leadership skills. Be sure to include tasks and responsibilities.

What are your academic goals and why?

What are your career goals and why? (be as specific as possible)

Name: _____

Date: _____

What has been your most rewarding out-of-school activity and why?

What has been your most meaningful extra-curricular experience and why?

What college is your 1st choice and why?

What problem in the world, community, or life would you like to solve or address? Why?

What are your strengths? Please give specific examples that illustrate your strengths.

What should I emphasize in a letter of recommendation for you?

Are there any "extenuating circumstances" I should include in the recommendation?

How did you spend your summer? What do you do for fun/relaxation?

List 3 teachers that I could contact to learn more about you?
