

Middle School Counseling Curriculum and Standards, Grades 6-8

Academic Development Program

Standard 1: The student will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan.

Benchmark 1: The student will demonstrate academic self-confidence and skills and attitudes to enhance learning.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
Indicators The student 1. demonstrates critical thinking skills that include logic and reasoning; 2. creates a plan to achieve short- and long-term academic goals and the tasks necessary to meet the goals (e.g., Individual Plan of Study); 3. accepts intellectual challenges to develop personal competence as essential to the learning process; 4. demonstrates effective time management, organizational and study skills necessary for academic success; 5. demonstrates personal trust, self-confidence and a sense of responsibility in achieving high quality		
results and outcomes; 6. identifies attitudes, behaviors and feelings that lead to academic success;	Critical Vocabulary: 21st Century Programs career cruising core classes credits elective classes	Assessment Tasks ■ Review Individual Plan of Study ■ Review Career Cruising Portfolio
7. explores personal interests and abilities to enhance learning;8. Recognizes the external and internal motivating factors and personal attributes that contribute to learning.	 elective classes house Individual Plan of Study (IPS) Learning Styles (kinesthetic, auditory, visual, etc.) optimistic mindset self-advocate/self-advocacy 	 Review student grades and test scores Review discipline reports Student Self Reflection Google Form Surveys KS/District Assessment Scores

Academic Development Program

Standard 1: The student will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan.

Benchmark 2: The student will achieve school success.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student 1. demonstrates critical thinking skills to evaluate and develop inferences to make informed decisions that promote academic success; 2. demonstrates independent, cooperative and collaborative skills to complete academic tasks; 3. recognizes the importance of effort and persistence to promote academic success; 4. recognizes the importance of regular school attendance; 5. recognizes the importance of enrichment and extracurricular activities;	Essential Learning Tasks, Activities, Experiences: Individual counseling (Boys Town, CHAMPS, Study Skills, Contracts) Group counseling (Study Skills, Boys Town) Classroom Guidance (Career Cruising, Enrollment, Teamwork Activities) Cooperative Learning Groups (all staff) Academic Extension Develop Individual Plan of Study (IPS) Career Cruising Activities (My Skills and Matchmaker) Pre-Enrollment meetings (coordination. w/ 5th gr. & 9th gr. staff, inform direct 6-8 students, & parent sessions) Transition Activities (high school visits / elementary visits) Extra-Curricular Activities Parent/Teacher conferences Select students for academic support/enhancement programs (AIM, Guided Study, Title One Programs)	Recommended Resources: Academic support programs Title 1, Read 180, Guided Study AIM Before and After School Tutoring Boys Town/ CHAMPS Career Cruising careercruising.com Counseling Websites/Twitter Feeds Extra-Curricular School Programs H.E.L.P. Clinic Monitoring and grade updates MTSS Support Team ParentVUE/StudentVUE Program Planning Guide (PPG) School Resource Officer (SRO) Summer school IPS Template Everyone Struggles "Yourself Series" Decision Making Skills Proposed Sean Covey The Six Most Important Decisions that you Will Ever Make (book and workbook)
 6. practices effective learning and test-taking strategies; 7. applies appropriate communication skills to seek assistance; 8. demonstrates effort and persistence in completing learning tasks; 9. identifies a personal learning preference that promotes academic success; 10. Applies information and resources to promote academic success. 	Critical Vocabulary: Boys Town/CHAMPS collaboration cooperative learning credit Individual Plan of Study (IPS) self-advocacy	Assessment Tasks Review Individual Plan of Study Review Career Cruising Portfolio Review student grades and test scores Student audit of extracurricular activities Attendance reports Review discipline reports

Academic Development Program

Standard 2: The student will complete school with the academic preparation to choose from post-secondary options. **Benchmark 1:** The student will plan to achieve goals for lifelong learning.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student 1. identifies and practices challenging academic goals; 2. uses assessment results to develop and implement an Individual Plan of Study; 3. Explores academic options.	Essential Learning Tasks, Activities, Experiences: Establish challenging academic goals.(Staff) Explore academic options. Use assessment results in educational planning. Individual counseling (Goal Setting, Study Skills, IPS) Group counseling (Goal Setting, Study Skills, IPS) Classroom Guidance (Career Cruising, IPS) Career Cruising Activities Pre-Enrollment meetings (coordination. w/ 5th gr. & 9th gr. staff, inform direct 6-8 students, & parent sessions) Transition Activities (high school visits / elementary visits) Parent/Teacher conferences Select students for academic support/enhancement programs Critical Vocabulary: 10 21st Century High School Programs 11 career clusters 12 Individual Plan of Study (IPS) 13 performance levels 14 strengths & areas of need 15 self-advocacy	Recommended Resources: AIM Career Clusters (ksde.org) Career Cruising (careercruising.com) Code of Conduct ParentVUE/ StudentVUE Program Planning Guide Tutorial programs IPS Template Everyone Struggles "Yourself Series" Assessment Tasks: Review Individual Plan of Study Review Career Cruising Portfolio Review student grades and test scores Student self-reflection State & District Assessment Results Google Form Surveys

Academic Development Program

Standard 3: The student will understand the relationship of academics to life skills and college and career readiness. **Benchmark 1:** The student will relate school to life experience.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
 The student balances home, school, and community activities; applies non-cognitive factors in the home, school, and community; seeks extra-curricular and community activities to enhance the school experience; recognizes that school success enhances opportunities; prepares for the transition to high 	Essential Learning Tasks, Activities, Experiences: Group counseling Individual counseling Classroom Guidance Develop Individual Plan of Study (IPS) Career Cruising Activities Pre-Enrollment meetings (coordination. w/ 5th gr. & 9th gr. staff, inform direct 6-8 students, & parent sessions) Transition Activities (high school visits / elementary visits) Parent meetings KAY Club (staff) WEB Program (staff)	Recommended Resources: Career Cruising (careercruising.com) Code of Conduct Counseling Websites/Twitter Feeds H.E.L.P. Clinic MTSS Support Team ParentVUE/StudentVUE Program Planning Guide (PPG) Special academic support programs Tutorial programs IPS Template Everyone Struggles "Yourself Series"
school; 6. Recognizes ongoing academic expectations.	 Critical Vocabulary: 21st Century High School Programs Individual Plan of Study (IPS) mentor non-cognitive factors Self-advocacy College Entrance Exams GPA Postsecondary Education Opportunity Vocabulary (ex: Bachelor, Vo Tech, Community College, etc.) 	Assessment Tasks: Individual Plan of Study Review Career Cruising Portfolio Review student grades and test scores Review discipline reports Student Self Reflection State & District Assessments Student Audit of extracurricular activities Google Form Surveys

Standard 1: The student will acquire the skills to investigate careers in relation to knowledge of self and to make informed career decisions.

Benchmark 1: The student will develop career awareness.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student 1. identifies personal interests and abilities and relates them to one's Individual Plan of Study; 2. describes how good habits in school relate to career success; 3. explores a variety of traditional and nontraditional occupations related to specific interests; 4. recognizes that all occupations are available regardless of diversity (e.g., gender, ethnicity); 5. Recognizes the value of all occupations.	Essential Learning Tasks, Activities, Experiences: Career Cruising (Matchmaker, Learning Styles, My Skills Inventory) District Careers Course (8th Grade, Staff) Career EXPO (8th Grade) Classroom Guidance (Career Cruising, Diversity Lessons, Study Skills) Individual Counseling Individual Plan of Study (IPS) Goal setting (staff) Critical Vocabulary: 21st Century High School Programs College Entrance Exams attributes career clusters employability skills Individual Plan of Study (IPS) Postsecondary Education Opportunity Vocabulary (ex: Bachelor, Vo Tech, Community College, etc.)	Recommended Resources: Career Cruising (careercruising.com) Counseling Websites/Twitter Feeds District Career EXPO committee KSDE.org Program Planning Guide (PPG) IPS Template Assessment Tasks Career Cruising (Portfolio, Matchmaker, My Skills Inventory, Learning Styles) Google Form Surveys

Standard 1: The student will acquire the skills to investigate careers in relation to knowledge of self and to make informed career decisions.

Benchmark 2: The student will develop employment readiness.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student 1. demonstrates the importance of planning and goal setting; 2. demonstrates positive work habits in the classroom; 3. recognizes and describes the personal qualities of responsibility, dependability, punctuality, and integrity in the workplace; 4. demonstrates effective communication skills; 5. Recognizes real world consequences of decisions in one's career.	Essential Learning Tasks, Activities, Experiences: Career Cruising (careercruising.com) Individual Plan of Study (IPS) Career EXPO (8th Grade) District Career Course (8th Grade) District Leadership Course (staff) College campus visits (staff) Classroom Guidance (Goal Setting, Boys Town/CHAMPS, Lecture series/career speakers) Project Alert Developing resume and recommendation letters Critical Vocabulary: 21st Century High School Programs attributes career clusters dependability employability skills Individual Plan of Study (IPS) integrity punctuality Responsibility Resume Recommendation letters	Recommended Resources: Career Cruising (careercruising.com) Counseling Websites/Twitter Feeds District Career EXPO committee KSDE.org Project Alert Program Planning Guide (PPG) AIM ONet IPS Template Decision Making Skills Proposed Sean Covey The Six Most Important Decisions that you Will Ever Make (book and workbook) Boys Town Curriculum Assessment Tasks: Career Cruising (Portfolio, Matchmaker, My Skills Inventory, Learning Styles) Google Form Surveys

Standard 2: The student will employ strategies to achieve future career goals with success and satisfaction.

Benchmark 1: The student will acquire career information.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student 1. identifies and uses resources for career planning; 2. identifies personal characteristics (e.g., aptitudes, interests, and strengths); 3. explores career choices and career fields and clusters;	Essential Learning Tasks, Activities, Experiences: Career Cruising (careercruising.com) Individual Plan of Study (IPS) Career EXPO (8th Grade) District Career Course (8th Grade) College campus visits (staff) Classroom Guidance (21st Century introduction, Lecture series/career speakers, Career Cruising) High School College Fair	Recommended Resources: Career Cruising (Matchmaker, My Skills, Learning Styles) Community resources College Fair IPS Template Assessment Tasks: Career Cruising (Matchmaker, Learning Styles, My Skills) Google Form Surveys
4. identifies secondary and postsecondary opportunities; 5. Explores career choices through experiential activities (e.g., job shadowing, mentoring, career simulations).	Critical Vocabulary: 21st Century High School Programs College Entrance Exams GPA attributes career Clusters employability skills Individual Plan of Study (IPS) Postsecondary Education Opportunity Vocabulary (ex: Bachelor, Vo Tech, Community College, etc.)	Google Form Surveys

Standard 2: The student will employ strategies to achieve future career goals with success and satisfaction. **Benchmark 2:** The student will identify career goals.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student 1. identifies strategies for managing personal resources (e.g., talents, time, money) to achieve career goals; 2. develops and implements an Individual Plan of Study that effectively prepares the student for career success;	Essential Learning Tasks, Activities, Experiences: Individual Plan of Study (IPS) Career EXPO (8th Grade) District Career Course (8th Grade) District Leadership Courses (staff) College campus visits (staff) Classroom Guidance (21st Century introduction, Lecture series/career speakers, Career Cruising) High School College Fair	Recommended Resources: Career Cruising (Matchmaker, My Skills, Learning Styles) careercruising.com Code of Conduct College Fair (consult with HS counselor) Community resources IPS Template (ksde.org)
3. recognizes need to balance school, home, and career.	Critical Vocabulary:	Assessment Tasks: Career Cruising (Matchmaker, Learning Styles, My Skills) Google Form Surveys

Standard 3: The student will understand the relationship between personal qualities, education, training, and career success.

Benchmark 1: The student will acquire knowledge to achieve career goals.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student 1. develops self-knowledge for career planning (e.g., abilities, skills, interests); 2. recognizes the relationship of essential knowledge and employability skills to career success (e.g., responsibility, dependability, punctuality, and integrity); 3. identifies the education and training needed to achieve career goals; 4. Demonstrates effective decision-making skills to achieve career goals.	Essential Learning Tasks, Activities, Experiences: Individual Plan of Study (IPS) Career EXPO (8th Grade) District Career Course (8th Grade) District Leadership Courses (staff) College campus visits (staff) Classroom Guidance (21st Century introduction, Lecture series/career speakers, Career Cruising, Decision Making Strategies) High School College Fair Critical Vocabulary: career (vs. job) career clusters career fields civic community employability skills Individual Plan of Study (IPS) leisure punctuality	Recommended Resources: Career Cruising (Matchmaker, My Skills, Learning Styles)

Standard 3: The student will understand the relationship between personal qualities, education, training, and career success.

Benchmark 2: The student will apply skills to achieve career goals.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student 1. relates personal activities and interests to career goals and leisure choices; 2. demonstrates appropriate interpersonal skills; 3. applies problem-solving and decision-making skills; 4. demonstrates teamwork; 5. Demonstrates the ability to	Essential Learning Tasks, Activities, Experiences: Individual Plan of Study (IPS) Career EXPO (8th Grade) District Career Course (8th Grade) District Leadership Courses (staff) College campus visits (staff) Group counseling (Study Skills, Boys Town) Classroom Guidance (Career Cruising, Enrollment, Teamwork Activities, Decision Making Strategies) Cooperative Learning Groups (all staff) Academic Extension High School College Fair	Recommended Resources: Boys Town Career Cruising careercruising.com CHAMPS Code of Conduct Counseling Websites/Twitter Feeds Decision Making Skills Proposed Sean Covey The Six Most Important Decisions that you Will Ever Make (book and workbook)
balance school, home, and career.	Critical Vocabulary:	Assessment Tasks Career Cruising (Matchmaker, Learning Styles, My Skills) Review student grades and test scores Student self-reflection Google Form Surveys

Standard 1: The student will acquire knowledge, attitudes, and interpersonal skills to understand and respect self and others.

Benchmark 1: The student will acquire and use self-knowledge.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student 1. demonstrates positive attitudes toward self and others including personal strengths and assets; 2. recognizes feelings and how to constructively handle emotions; 3. recognizes how attitudes and choices affect behavior; 4. exhibits positive self-control; 5. recognizes that change is part of growth and development; 6. Identifies and uses resources in the school and community that provide assistance.	Essential Learning Tasks, Activities, Experiences: Individual counseling Group counseling (Anger Control, Social Skills) Classroom Guidance (Goal Setting, Decision Making Strategies, Rachel's Challenge, Diversity Lessons) Bullying interventions/strategies/techniques Suicide Interventions/strategies Conferencing with parents Clubs Positive Behavioral Supports Staff consultations Extra-Curricular Activities (FOR Club, WEB) Self-Reflection Activities Leadership opportunities Boys Town Leadership I class (staff) Leadership II class (staff) Project Alert (staff) Social Worker referrals Health units (Staff, nurse) Discipline referrals (administration) Be Brave Presentations by OSHS Critical Vocabulary: assets emotional well-being interpersonal skills mental health optimistic mindset positivity self-advocacy self-control	Recommended Resources: Career Cruising Code of Conduct Community agencies/resources District Suicide Prevention resource H.E.L.P. Clinic Mental Health Liaison MTSS Olathe Summer School Conference ParentVUE/StudentVUE Professional Development Project Alert Rachel's Challenge School Nurse School Social Worker School Psychologist School Resource Officer Special academic support programs Summer Conference sessions Tutorial programs Youth Mentors Small group resources and curriculum — anger, social skills, self-harm, decision making, divorce, anxiety, adolescent female conflict Decision Making Skills — Proposed Sean Covey The Six Most Important Decisions that you Will Ever Make (book and workbook) Everyone Struggles "Yourself Series" BE You Magazine Assessment Tasks Review Discipline reports Administration referrals SRO contact /incident reports Student Self-reflection review Climate survey

Standard 1: The student will acquire knowledge, attitudes, and interpersonal skills to understand and respect self and others.

Benchmark 2: The student will acquire and use interpersonal skills.

The student 1. develops effective coping skills; 1. develops effective coping skills; 2. learns and uses conflict resolution skills; 3. understands how appropriate behavior affects school and family relationships; 4. develops an appreciation of individual and cultural differences; Essential Learning Tasks, Activities, Experiences: Individual counseling Anger Control, Social Skills Classroom Guidance (Introduction lesson, Goal Setting, Decision Making Strategies, Rachel's Challenge, Diversity Lessons, Pre- Enrollment lessons) Clubs Bullying interventions/strategies/techniques Suicide Interventions/strategies Conference ParentVUE/StudentVUE Program Planning Guide	Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
Staff consultations Extra-Curricular Activities (FOR Club, WEB) Self-Reflection Activities Positive Behavioral Supports Project Alert (staff) Individual Plan of Study Social Work referrals Discipline referrals to administration Counseling referrals Cooperation conflict Resolution emotional Well-being mental health optimistic mindset positive Staff consultations Extra-Curricular Activities (FOR Club, WEB) Self-Reflection Activities Positive Behavioral Supports Project Alert Special academic support programs School nurse School Resource Officer Special academic support programs Youth Court Youth Court Youth Congress Youth Mentors Small group resources and curriculum — anger, social skills, decision making, divorce, anxiety, suicide prevention, self- harm, adolescent female conflict Decision Making Skills Proposed Sean Covey The Siv	The student 1. develops effective coping skills; 2. learns and uses conflict resolution skills; 3. understands how appropriate behavior affects school and family relationships; 4. develops an appreciation of individual and cultural differences; 5. demonstrates cooperation; 6. Demonstrates self-control and the	Essential Learning Tasks, Activities, Experiences: Individual counseling Group counseling (Anger Control, Social Skills) Classroom Guidance (Introduction lesson, Goal Setting, Decision Making Strategies, Rachel's Challenge, Diversity Lessons, Pre-Enrollment lessons) Clubs Bullying interventions/strategies/techniques Suicide Interventions/strategies Conferencing with parents District Leadership Class (staff) Staff consultations Extra-Curricular Activities (FOR Club, WEB) Self-Reflection Activities Positive Behavioral Supports Project Alert (staff) Individual Plan of Study Social Work referrals Discipline referrals to administration Counseling referrals Critical Vocabulary: assets cooperation conflict Resolution emotional Well-being mental health optimistic mindset positivity self-control	Recommended Resources: Code of Conduct Career Cruising Career EXPO Community agencies/resources Consult with Social Work and School Psychologist H.E.L.P. Clinic Mental Health Liaison Tutorial programs Olathe School District Summer Conference ParentVUE/StudentVUE Program Planning Guide Rachel's Challenge District Suicide Prevention resource Mentoring Program MTSS Project Alert Special academic support programs School nurse School Resource Officer Special academic support programs Youth Court Youth Congress Youth Mentors Small group resources and curriculum — anger, social skills, decision making, divorce, anxiety, suicide prevention, self-harm, adolescent female conflict
		PassiveAggressiveTargetBystander	Proposed Sean Covey The Six Most Important Decisions that you Will Ever Make (book and workbook) Everyone Struggles "Yourself Series"

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
		Assessment Tasks

Standard 1: The student will acquire knowledge, attitudes, and interpersonal skills to understand and respect self and others.

Benchmark 3: The student will appreciate perspective and emotions of others.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student 1. anticipates common emotional reactions to a variety of situations; 2. develops an understanding of the context of the emotion that others are experiencing; 3. expresses an appropriate level of understanding; 4. Develops skills as a member and leader within a diverse group.	Essential Learning Tasks, Activities, Experiences: Individual counseling Group counseling (Anger Control, Social Skills) Classroom Guidance (Introduction lesson, Goal Setting, Decision Making Strategies, Rachel's Challenge, Diversity Lessons, Pre-Enrollment lessons) Clubs Bullying interventions/strategies/techniques Suicide Interventions/strategies/techniques Suicide Interventions/strategies Conferencing with parents District Leadership Class (staff) Staff consultations Extra-Curricular Activities (FOR Club, WEB) Self-Reflection Activities Positive Behavioral Supports Project Alert (staff) Individual Plan of Study Athletic teams Performing arts classes WEB FOR club Critical Vocabulary: character diversity emotions empathy self-respect Assertive Passive Aggressive Target Bystander Bully	Recommended Resources: Boys Town Leadership I and II curriculum Rachel's Challenge Decision Making Skills Proposed Sean Covey The Six Most Important Decisions that you Will Ever Make (book and workbook) Everyone Struggles "Yourself Series" BE You Magazine Assessment Tasks Community Service Awards Review Discipline reports Student Self-reflection review Climate surveys Participation in extracurricular activities (clubs, activities, and sports)

Standard 2: The student will make decisions, set goals, and take necessary action to achieve goals.

Benchmark 1: The student will acquire knowledge and skills to make decisions and set goals.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student 1. sets goals and develops a plan to achieve goals; 2. recognizes the consequences of decisions and choices; 3. identifies the influence of peer pressure on decision making; 4. Seeks help to solve problems and make decisions.	Experiences: Individual counseling Group counseling Classroom Guidance (Decision Making Strategies) Bullying interventions/strategies/techniques Conferencing with parents Staff consultations Extra-Curricular Activities Self-Reflection Activities Leadership opportunities Diversity activities Develop Individual Plan of Study Project Alert Lessons Critical Vocabulary: consequences choices qoals Caree Cruisi Cruisi Scaree Cruisi Craree Cruisi Scaree Staff consultations Special Sprogra Summan Summ	Recommended Resources: Career Electronic Portfolio (Career Cruising) Career Expo H.E.L.P. Clinic Monitoring and grade updates MTSS Special academic support programs Summer programs Tutorial programs WEB mentors Youth Court Youth Congress Youth Mentors BYOU Magazine (Be Your Own You) Google Form Surveys Brain Wise Program Upside Down Organization Heads Up 8th Graders by Jim Mullen book and workbook Understood.org
	 problem solving peer pressure SMART goal 	 Decision Making Skills Proposed Sean Covey The Six Most Important Decisions that you Will Ever Make (book and workbook) Assessment Tasks Community Service Awards Review Discipline reports Student Self-reflection review Climate surveys Review educational plan Academic Awards

Standard 3: The student will understand personal safety skills.

Benchmark 1: The student will acquire personal safety skills and demonstrates digital citizenship.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student	Essential Learning Tasks, Activities, Experiences:	Recommended Resources:
1. understands the	Individual counseling	 District website (Cyber Bullying,
difference between bullying	Group counseling (Anger Control, Social Skills)	Cyber Integrity, Cyber Safety)
and conflict;	Classroom Guidance (Introduction lesson, Goal	H.E.L.P. Clinic
	Setting, Decision Making Strategies, Rachel's	Mental Health Providers
2. recognizes and applies	Challenge, Diversity Lessons, Pre-Enrollment lessons)	MTSS
refusal skills;	Digital Citizenship Activities/Lessons (All Staff)	School Resource Officer Variable Manager
	Clubs Pullying interventions/attrategies/techniques	Youth MentorsYouth Court
3. implements safeguards	 Bullying interventions/strategies/techniques Suicide Interventions/strategies 	Youth Congress
to protect personal information;	Conferencing with parents	 Digital Citizenship/Internet Safety
illioimation,	District Leadership Class (staff)	(NetSmartz; www.bgca.org,
4. describes the	Staff consultations	youtube.com)
consequences of behavior	Extra-Curricular Activities (FOR Club, WEB)	, , , , , , , , , , , , , , , , , , , ,
on personal safety, school	Self-Reflection Activities	
safety, and protection of	Positive Behavioral Supports	Assessment Tasks
individuals' rights;	Project Alert (staff)	Review Discipline reports
	Individual Plan of Study	 SRO Contacts/incident reports
5. describes abusive	Sunflower House/SRO presentation (Cyberbullying) Sunflower House/SRO presentation (Cyberbullying)	Student Self-reflection review
situations and plans for	Digital Citizenship training through IPADS	Climate surveys
seeking help;	Critical Vocabulary:	
	abuse	
6. determines actions and	access	
resources for ensuring the safety of self and others;	bullying	
Saicty of Sch and Others,	• conflict	
7. Recognizes how	digital citizenship	
individual choices and	etiquette	
decision-making apply to	personal safety	
personal safety.	refusal skills	

Standard 3: The student will understand personal safety skills.

Benchmark 2: The student will acquire skills to ensure health and well-being.

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student 1. demonstrates healthy behaviors to reduce health risks; 2. practices self-discipline and self-control; 3. identifies the warning signs associated with risky behaviors; 4. Seeks help for self and/or others who might develop problems with risky behaviors.	Essential Learning Tasks, Activities, Experiences: Individual counseling Group counseling (Anger Control, Social Skills, Boys Town) Classroom Guidance (Introduction lesson, Goal Setting, Decision Making Strategies, Rachel's Challenge, Diversity Lessons, Pre-Enrollment lessons) Clubs Bullying interventions/strategies/techniques Suicide Interventions/strategies Conferencing with parents District Leadership Class (staff) Staff consultations Extra-Curricular Activities (FOR Club, WEB) Self-Reflection Activities Positive Behavioral Supports Project Alert (staff) Individual Plan of Study Transition PE/Health teacher(s) Critical Vocabulary: depression emotional well-being healthy behaviors mental health optimistic mindset positivity risky behaviors self-control self-discipline Mindfulness Sexual harassment	Recommended Resources: Boys Town CTC survey results District suicide protocol MTSS Outside Service Resource List Project Alert Psychologist/Social Worker Sunflower House Summer Conference Sessions Youth Mental Health First Aid (JCMH) Optimistic Mindset and positivity resources Fuel Up 60 Hope Curriculum Decision Making Skills — Proposed Sean Covey The Six Most Important Decisions that you Will Ever Make (book and workbook) Assessment Tasks Review Discipline reports SRO Contacts/incident reports Student Self-reflection review Climate surveys CTC survey District Suicide Risk Assessment Tool